Barriers and Bridges to Building Healthy Communities

ULI Presentation
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Inverse Correlation: Obesity & Active Transportation
Working together to build healthy communities

Shared desires

• Healthy and sustainable communities
• Good multimodal transportation system
• Integrated land use and transport policies
• Health equity in vibrant neighborhoods
• Improved quality of life
Policy, system and environmental changes

- Active Living Resolutions – 2007-2008
- Active Living Policy – June 2009
- Complete Streets Policy – July 2009
- Complete Streets Task Force – 2011-2012
- Bottineau Health Impact Assessment – in process
- Pedestrian and bicycle plans – in process
Local PSE success stories

Land Use policies
• Architectural Design Guidelines – Brooklyn Center
• Multi-family housing ordinance and design guideline book – Brooklyn Park
• Adoption of The ARTery (integrating public art along 8th St) – Hopkins
• Off-street bicycle parking ordinance – New Hope
• Healthy Eating/Active Living Policy – St. Louis Park

Transportation Policies
• Complete Streets Policies – Brooklyn Center, Hopkins, Robbinsdale
• Complete Streets review protocol checklist – New Hope
• Resolution in support of Complete Streets* – St. Louis Park
Barriers

- Implementation – balance between providing choice and managing growth
- Old versus new ways of doing things
- Perceived and actual safety
- Definition of a complete street
- Local needs and control
Final Thoughts

- Health is an integral piece of discussions, plans and policies
- Transparency and collaboration are key to success
- Elected officials can be very helpful
- We still have work to do but have come a long way!
Resources

Active Living Hennepin County
http://www.hennepin.us/activeliving

Complete Streets
http://www.hennepin.us/completestreets
http://www.completestreets.org/
www.mncompletestreets.org/

Bottineau Health Impact Assessment (HIA)
http://hennepin.us/bottineauhia

New York City Active Design Guidelines

Centers for Disease Control and Prevention (CDC)
http://www.cdc.gov/healthyplaces/