



Hennepin County Minnesota

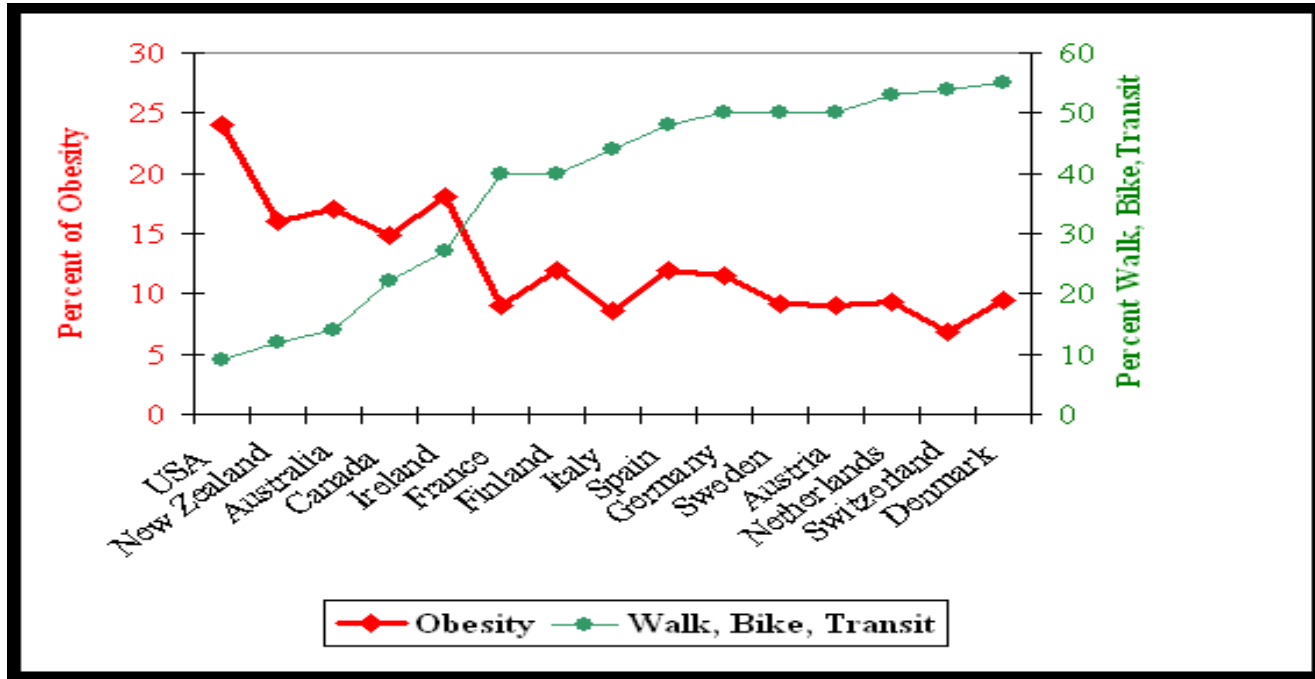
# Barriers and Bridges to Building Healthy Communities



ULI Presentation  
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Hennepin County  
September 19, 2013



# Inverse Correlation: Obesity & Active Transportation



# Working together to build healthy communities

## Shared desires

- Healthy and sustainable communities
- Good multimodal transportation system
- Integrated land use and transport policies
- Health equity in vibrant neighborhoods
- Improved quality of life



# Policy, system and environmental changes

- Active Living Resolutions – 2007-2008
- Active Living Policy – June 2009
- Complete Streets Policy – July 2009
- Complete Streets Task Force – 2011-2012
- Bottineau Health Impact Assessment – in process
- Pedestrian and bicycle plans – in process



# Local PSE success stories

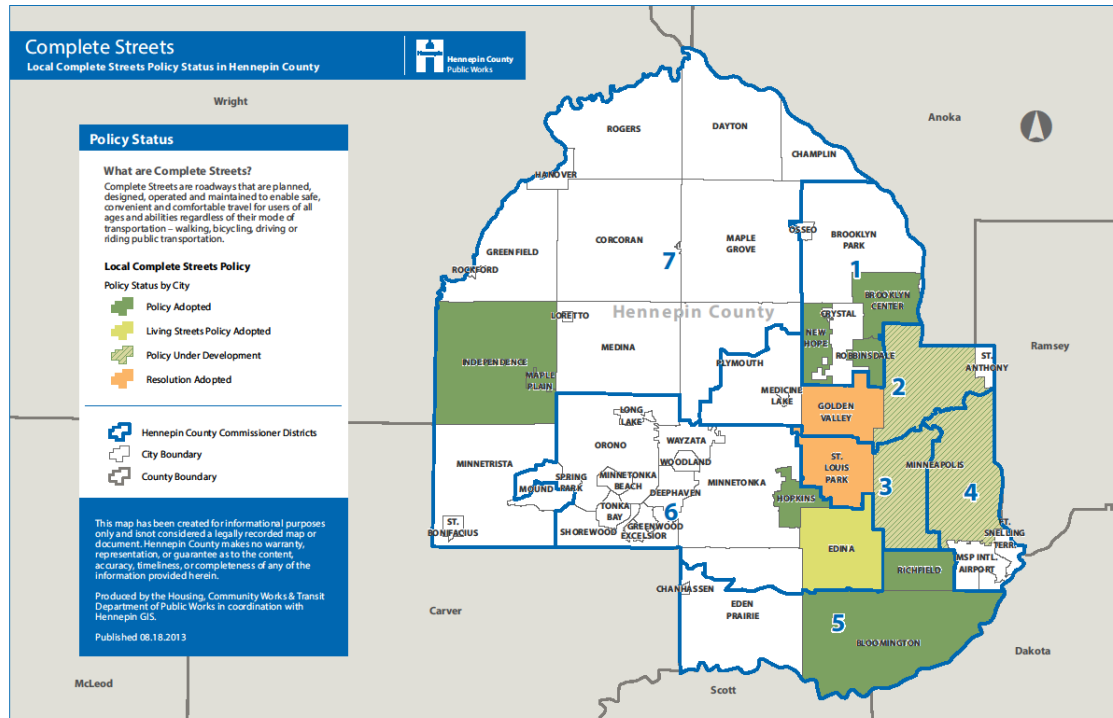
## Land Use policies

- Architectural Design Guidelines – Brooklyn Center
- Multi-family housing ordinance and design guideline book – Brooklyn Park
- Adoption of The ARTery (integrating public art along 8<sup>th</sup> St) – Hopkins
- Off-street bicycle parking ordinance- New Hope
- Healthy Eating/Active Living Policy – St. Louis Park

## Transportation Policies

- Complete Streets Policies – Brooklyn Center, Hopkins, Robbinsdale
- Complete Streets review protocol checklist – New Hope
- Resolution in support of Complete Streets\* – St. Louis Park

# Complete Streets, September 2013



# Barriers

- Implementation – balance between providing choice and managing growth
- Old versus new ways of doing things
- Perceived and actual safety
- Definition of a complete street
- Local needs and control



# Final Thoughts

- Health is an integral piece of discussions, plans and policies
- Transparency and collaboration are key to success
- Elected officials can be very helpful
- We still have work to do but have come a long way!





# Resources

Active Living Hennepin County

<http://www.hennepin.us/activeliving>

Complete Streets

<http://www.hennepin.us/completestreets>

<http://www.completestreets.org/>

[www.mncompletestreets.org/](http://www.mncompletestreets.org/)

Bottineau Health Impact Assessment (HIA)

<http://hennepin.us/bottineauhia>

New York City Active Design Guidelines

[http://www.nyc.gov/html/ddc/html/design/active\\_design.shtml](http://www.nyc.gov/html/ddc/html/design/active_design.shtml)

Centers for Disease Control and Prevention (CDC)

<http://www.cdc.gov/healthyplaces/>